

SUPPLEMENT 3

Five Types of Prayer (I-A-C-T-S)

I - Intercession

Psalm 28:9
Philippians 1:3-4
1 Timothy 2:1

A - Adoration (Praise)

Psalm 34:1-3; 48:1
Daniel 9:4
Nehemiah 1:5

C - Confession

Psalm 32:1-6; 51:1-9; 66:17-20
Acts 8:22-24
1 John 1:9

T - Thanksgiving

Psalm 116:12, 17
Philippians 4:6
1 Thessalonians 5:18

S - Supplication (Petition)

Mt.7:7-11
Jas.1:5
1 Jn.5:14-15

Note: Only a few examples of each type of prayer are listed here. There are many more found in the Bible. Begin to study your Bible looking for each type of prayer. You may want to write the letters of "I-A-C-T-S" in the margin of your Bible to identify each type prayer you find. You may find a prayer wherein more than one type is used (see Nehemiah 1:4-11). When you find an example of a prayer, use the wording and manner of the person praying in your own prayers. Faithful Bible characters who prayed to God can be a great example to us in our prayers. Work to include different types of prayer when leading a public prayer. If there is one type of prayer that you often leave out (for example, adoration or praising God), then work to include that type of prayer each time you lead a public prayer.